



NUTRITION: A PIECE OF THE AUTISM PUZZLE

**Elizabeth Strickland, MS, RD, LD - Registered Dietitian
ASD Nutrition Seminars & Consulting**

May 17, 2008 - Oklahoma City, Oklahoma

This one – day workshop will provide an overview of the importance of nutrition therapy as a component of the comprehensive treatment of Autism and related disorders. Elizabeth will explain how nutrition can have a positive impact on your child’s behavior, mood, learning, memory, attention, sleep and brain function. Other topics covered include basic supplements, lab test, GFCF Diet, healing the gastrointestinal tract and feeding problems. Elizabeth will present her 10-Step ASD Nutrition Plan. Parents will leave with a basic nutrition intervention plan to implement at home for their child.

Elizabeth has over twenty-five years experience as a Pediatric Dietitian providing individual nutrition therapy, training professionals and parents, and coordinating nutrition services statewide in Texas for children with disabilities (Autism Spectrum Disorder, ADD and ADHD). She has presented at local, national and international conferences of professional organizations. Elizabeth has a private practice in San Antonio, Texas and also provides nutrition consultation to families nation-wide via telephone.

Please register 7 days prior to the course. You may register by:

E-mail: Kacey-Denton@ouhsc.edu

Fax: 405.271.1707

Mail: 1600 N. Phillips, OKC, OK 73104

Training location will be confirmed once registration is received.

Name(s): _____

Address: _____

Phone: _____

E-mail: _____

Role: Parent Provider / Educator Other _____

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